

# RONALD R. HOLT II, D.O., M.P.A.

DrHolt@audacityofpride.com 1200 El Camino Real, Third Fl. Tower Bldg; South San Francisco, CA 94080 DrRonHolt.com

## PROFESSIONAL HIGHLIGHTS

- Over 15 years in adult psychiatry providing clinical care.
- Practicing effective and compassionate quality care in a multidisciplinary setting.
- Providing comprehensive patient evaluations in multiple medical settings.
- Engaging, skilled and knowledgeable LGBT speaker for student, community and medical audiences.
- Presenting customized LGBT curriculum, positively impacting over 125 different audiences.

## Medical Experience

### PROFESSIONAL EXPERIENCE, SKILLS & ACCOMPLISHMENTS

#### **KAISER SOUTH SAN FRANCISCO MEDICAL CENTER: Attending Psychiatrist CA** (1997 – Present)

- Attending psychiatrist for over 15 years in this community acute care medical center affiliated with Kaiser Foundation Health Plans of California and The Permanente Medical Group, Inc.
- Provide medical consultation and develop treatment plans for adult psychiatric patients.
- Work with multidisciplinary teams in developing high quality treatment plans for adult patients.
- Provide psychiatric consultations as requested by hospital and emergency physicians.

## Educational Speaking Experience

### LGBT PRESENTATIONS AND INTERACTIVE WORKSHOPS

#### **STUDENT, PUBLIC AND MEDICAL AUDIENCES**

(2000 – Present)

##### **“Gay Sexuality: Biology as a Destiny”**

This presentation describes the spectrum of sexuality in the general population; identifies that sexual orientation is not a choice; describes how genetics play a role in sexuality; and list the biological theories on sexuality.

##### **“No More LGBT Suicides: Discussing Bullying and Suicide Risk”**

This presentation describes the spectrum of sexuality in the general population; describes how bullying can lead to LGBT suicides; list the risk factors for suicide; and identifies ways to help reduce suicide among LGBT youth.

##### **“LGBT Healthcare Guidelines”**

This presentation describes barriers to care that are unique to the LGBT population; list and describes the top ten things physicians should discuss with gay men, Lesbians, and transgender persons.

##### **“LGBT Healthcare: Biology and Guidelines for Culturally Competent Care”**

This presentation describes the spectrum of sexuality in the population; describes how biology plays a role in sexuality; and identifies health risk factors that are more unique to gay men, Lesbians, and transgender persons.

## EDUCATION

**UNIVERSITY OF SAN FRANCISCO**, San Francisco, CA 2000-2002

Master of Public Administration with a Concentration in Health Services

**CALIFORNIA PACIFIC MEDICAL CENTER**, San Francisco, CA, 1995-1997

Residency Program in Psychiatry – Chief Resident, 1997

**BAYLOR COLLEGE OF MEDICINE**, Houston, TX, 1993-1995

Residency Program in Psychiatry – Resident Liaison to Faculty, 1995

**KANSAS CITY UNIVERSITY OF MEDICINE AND BIOSCIENCES**,

Kansas City, MO, 1989-1993, Doctor of Osteopathy

**WAYNE STATE COLLEGE**, Wayne, NE, 1985-1989

Bachelor of Science in Biology and Chemistry

**ACADEMIC APPOINTMENTS:** Kansas City University of Medicine and Biosciences, Kansas City, MO, June 2011 - June 2014, Adjunct Assistant Professor, Department of Psychiatry.

**CERTIFICATION AND LICENSURE:** Diplomate, American Board of Psychiatry and Neurology, Psychiatry, 2009-2019; Diplomate, National Board of Osteopathic Medical Examiners, 1996; Licensed to practice medicine in California and Hawaii.

**PROFESSIONAL MEMBERSHIPS:** Northern California Psychiatric Society; Association of Gay of Lesbian Psychiatrists; Fellow of American Psychiatric Association.

**AWARDS:** 2010 R.J. Erickson Diversity Achievement Award; 2010 Alumni Achievement Award, KCUMB, Kansas City, MO; 2009 David Lawrence Community Service Award; 2004 Alumni Service Award, Wayne State College, Wayne, NE.